# Vitamin C, Vitamin D3 & Zinc Oral Spray

# **Product Information:**

Pharmaceutical form: Tablet Category: Dietary Supplements

Pack: -

**Brand name: Healthiza Lifescience** 

Content: Vitamin C, Vitamin D3 & Zinc Oral

**Spray** 

Therapeutic Use: -



# **Product Description:**

# What is Vitamin C, Vitamin D3 & Zinc Oral Spray?

Vitamin C, Vitamin D3, and Zinc Oral Spray is a supplement that combines three essential nutrients in a convenient oral spray format. Let's take a closer look at each component:

# Vitamin C:

Vitamin C, also known as ascorbic acid, is a powerful antioxidant that plays a crucial role in supporting the immune system. It helps protect the body against oxidative stress, promotes collagen synthesis for healthy skin, and aids in the absorption of iron. It is also involved in the production of certain neurotransmitters and contributes to overall well-being.

#### Vitamin D3:

Vitamin D3, also called cholecalciferol, is a fat-soluble vitamin that helps regulate calcium and phosphate levels in the body. It plays a vital role in maintaining healthy bones, teeth, and muscles. Additionally, vitamin D3 supports immune function, enhances mood, and promotes overall health. Our bodies naturally produce vitamin D3 when exposed to sunlight, but supplementation may be necessary, especially in regions with limited sunlight exposure.

# Zinc:

Zinc is an essential mineral that is involved in numerous enzymatic reactions in the body. It is crucial for immune system function, wound healing, and DNA synthesis. Zinc also plays a role in maintaining taste and smell sensations, promoting healthy skin, and supporting cognitive function. By combining Vitamin C, Vitamin D3, and Zinc in an oral spray format, these nutrients can be easily absorbed and utilized by the body. The convenience of the spray allows for efficient delivery and potential increased bioavailability. It's important to note that while the Vitamin C, Vitamin D3, and Zinc Oral Spray can provide additional nutritional support, it should not replace a varied and balanced diet.

#### How it works?

Vitamin C, Vitamin D3, and Zinc Oral Spray work together to provide various health benefits due to their individual properties and synergistic effects. Here's how each component contributes to the overall functionality of the oral spray:

#### Vitamin C:

As an antioxidant, Vitamin C helps protect cells from damage caused by harmful molecules called free radicals. It supports the immune system by stimulating the production of white blood cells and antibodies, which are essential for fighting off infections. Additionally, Vitamin C plays a role in collagen synthesis, promoting healthy skin, tendons, ligaments, and blood vessels.

#### Vitamin D3:

Vitamin D3 is primarily known for its role in calcium absorption and bone health. It helps regulate calcium and phosphate levels in the body, promoting strong and healthy bones. Vitamin D3 also plays a crucial role in supporting the immune system, as it helps activate immune cells and enhances their ability to defend against pathogens. Furthermore, Vitamin D3 is involved in various physiological processes, including muscle function, mood regulation, and cardiovascular health.

# Zinc:

Zinc is an essential mineral that is involved in numerous enzymatic reactions in the body. It supports immune system function by promoting the production and activity of immune cells, aiding in the body's defense against infections. Zinc also contributes to the maintenance of

healthy skin, as it plays a role in collagen synthesis and wound healing. Furthermore, it is involved in DNA synthesis, cell division, and the metabolism of carbohydrates, proteins, and fats. When combined in an oral spray format, these three nutrients work synergistically to support overall health and well-being. The spray format allows for convenient and efficient absorption, bypassing the digestive system and potentially enhancing bioavailability. This means that the body can readily utilize these nutrients, maximizing their benefits.

# Benefit of Vitamin C, Vitamin D3 & Zinc Oral Spray

Vitamin C, Vitamin D3, and Zinc Oral Spray offer several benefits for overall health and well-being:

# **Immune System Support:**

Vitamin C, Vitamin D3, and Zinc are known to play crucial roles in supporting the immune system. Vitamin C helps stimulate the production of immune cells and antibodies, while Vitamin D3 enhances immune cell function and defence against pathogens. Zinc promotes the activity of immune cells and aids in the body's ability to fight off infections. By combining these nutrients in an oral spray, they can provide comprehensive support to the immune system.

# **Antioxidant Protection:**

Vitamin C is a potent antioxidant that helps protect cells from damage caused by harmful free radicals. It helps neutralize oxidative stress and supports the body's natural defense mechanisms. By reducing oxidative damage, Vitamin C contributes to overall health and may help mitigate the risk of chronic diseases.

# **Bone and Muscle Health:**

Vitamin D3 is essential for maintaining healthy bones and muscles. It aids in the absorption of calcium and phosphate, which are crucial for bone strength and density. Vitamin D3 also supports muscle function and can help reduce the risk of conditions like osteoporosis and muscle weakness.

#### Skin Health and Wound Healing:

Vitamin C is involved in collagen synthesis, a protein that provides structure to the skin, tendons, ligaments, and blood vessels. By promoting collagen production, Vitamin C supports skin health, aids in wound healing, and may help reduce the appearance of

wrinkles and fine lines.

# **Cognitive Function:**

Zinc plays a role in cognitive function and brain health. It is involved in neurotransmitter synthesis and helps maintain optimal brain function. Adequate zinc levels are essential for memory, learning, and overall cognitive performance.

Contact Vitamin C, Vitamin D3 & Zinc Oral Spray Manufacturer

The combination of Vitamin C, Vitamin D3, and Zinc in an oral spray form provides several benefits. The spray format allows for efficient absorption and bypasses the digestive system, potentially leading to faster uptake and increased bioavailability. This makes it a convenient option for individuals who have difficulty swallowing pills or prefer a more practical supplementation method. Our oral spray supplements are available in easy to use packing format.



# GET IN TOUCH HEALTHIZA LIFESCIENCE PVT LTD

**EMAIL**: info@healthizalife.com | sales@healthizalife.com

**PHONE:** +91- 93289 40307

ADDRESS: A-907, Signature II, Sarkhej 382210 Ahmedabad, India.

WEBSITE: www.healthizalife.com