

# Esomeprazole 40 mg Capsule

## Product Information :

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**Pharmaceutical form :** Capsule

**Category :** Prescription Medicine

**Pack :** 1x10/Caps

**Brand name :** Esomeprazole

**Content :** Esomeprazole (40mg)

**Therapeutic Use :** Treatment of  
**Gastroesophageal reflux disease (Acid reflux) &  
Peptic ulcer disease**



## Product Description :

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### What is Esomeprazole 40 mg Capsule?

Esomeprazole 40 mg capsule is used in the treatment of the symptoms of gastroesophageal reflux disease (GERD), a disorder in which the backward flow of acid from the stomach produces heartburn and possibly harm to the oesophagus (tube between the throat and stomach) in adults and children age of 1 year and more. In individuals with GERD, esomeprazole is administered to allow the oesophagus to recover and avoid future damage. Esomeprazole is also used to reduce the risk of ulcers (sores in the lining of the stomach or intestine) in individuals who are using nonsteroidal anti-inflammatory medicines (NSAIDs). It is also used in the treatment of Zollinger-Ellison syndrome, a disorder in which the stomach generates too much acid. Non-prescribed or OTC Esomeprazole medication is used to treat regular heartburn in adults (heartburn that happens at least twice a week). Esomeprazole belongs to a class of medications known as Proton pump inhibitors. It reduces the quantity of acid produced in the stomach.

**How to Use Esomeprazole**

- Esomeprazole is a prescription drug that comes in the form of a delayed-release capsule that you take by mouth. Esomeprazole is also available as a delayed-release capsule or tablet for nonprescription or over-the-counter use.
- Esomeprazole 40 mg Capsule prescribed by a doctor is normally taken once a day, at least one hour before a meal. Prescription esomeprazole is given twice a day to address some diseases in which the stomach produces too much acid.
- The delayed-release capsules and tablets, which are available without a prescription, are normally taken once a day in the morning, at least 1 hour before eating, for 14 days. Further 14-day treatment may be given if necessary, but only once every four months.
- Do not break, chew, or crush the capsules; they must be swallowed whole.
- For quick reduction of heartburn symptoms, do not consume nonprescribed esomeprazole medicine. You may not feel the full advantage of the drug for 1 to 4 days. If your symptoms worsen or do not resolve after 14 days, or if they recur sooner than four months after you stop your therapy, contact your doctor.
- Even though you feel healthy, keep taking your prescribed esomeprazole. If your condition worsens or does not resolve during this period, contact your doctor. Do not discontinue taking esomeprazole without first consulting your doctor.

**Precaution - Esomeprazole 40 mg Capsule**

- If you're sensitive to esomeprazole, dexlansoprazole, lansoprazole,

[omeprazole](#)

,

[pantoprazole](#)

,

[rabeprazole](#)

, or any of the substances in esomeprazole capsules, inform your doctor.

- If you're on rilpivirine, let your doctor know. If you are taking this drug, your doctor will likely tell you not to use esomeprazole.

- Tell your doctor about any other drugs, vitamins, herbal supplements, or nutraceuticals you're taking or planning to take.
- If you have a pregnancy, planning to become pregnant, or breastfeeding, notify your doctor. Call your doctor when you become pregnant during using esomeprazole.
- If you are planning to take nonprescribed esomeprazole medicine, inform your doctor if you've had heartburn for 3 months or longer.
- If you have or have ever had low magnesium levels in your blood, low vitamin B-12 levels in your body, osteoporosis, an autoimmune condition (disorder in which the body harm its own organs, causing swelling and decreased function) such as systemic lupus erythematosus, or liver disease, inform your doctor.
- If you are 70 years old or older, consult your doctor about the risks and advantages of taking an Esomeprazole 40 mg Capsule. Do not use this medicine for longer than the recommend or as directed by your doctor.

#### **Benefits of Esomeprazole Capsule**

##### **In Treatment of Acid Reflux (Gastroesophageal reflux)**

GERD is a long-term (chronic) disorder that causes heartburn on a regular basis rather than just sometimes. It occurs when a muscle above your stomach flexes too much, allowing stomach contents to enter your oesophagus and mouth. Proton pump inhibitors are a class of drugs that include Esomeprazole tablets. It lowers the amount of acid produced by your stomach and decreases the symptoms of heartburn and acid reflux. For it to be effective, you must take it exactly as directed. GERD symptoms can be reduced by making a few simple lifestyle modifications. Consider which foods cause heartburn and avoid them; eat smaller, more frequent meals; decrease weight if you are overweight, and discover ways to relax.

##### **In Treatment of Peptic Ulcer**

Proton pump inhibitors are a class of drugs that include Esomeprazole tablets. It lowers the amount of acid produced by your stomach, preventing further ulcer damage as it heals normally. Depending on what triggered the ulcer, you may be prescribed additional medications in addition to this one. Even if your symptoms seem to decrease, you must continue to take the prescribed medicine as directed in order for it to be successful.

## Side Effects of Esomeprazole

The majorities of side effects are minor and will go away as your body adapts to the medication. If they don't go away or you're concerned about them, see your doctor.

- It's possible that you'll have a headache or stomach pain. Tell your doctor right away if any of these side effects continue or worsen.
- Remember that your doctor provided Esomeprazole 40 mg Capsule because he or she believes the advantage to you exceeds the risk of adverse effects. The majority of people who take this medicine do not have any substantial adverse effects.
- If you have any significant side effects, such as symptoms of a low magnesium blood level, or evidence of lupus, contact your doctor immediately.
- Due to a bug called *C. difficile*, this medicine may induce severe intestinal disease in certain people. This condition can develop during therapy or weeks or months after it has ended. If you have persistent diarrhoea, abdomen or stomach pain, fever, or blood/mucus in your stool, call your doctor immediately.
- If you have these problems, avoid taking anti-diarrhoea or opioid medications because they may worsen them.

## Some Tips for Using Esomeprazole Capsule

- It is a well-tolerated medication that offers long-term relief.
- Here are some helpful facts for avoiding acidity:
  - Avoid carbonated beverages, soft drinks, citrus juices, fried foods, and caffeinated beverages such as tea and coffee in excess.
  - Avoid consuming alcoholic beverages and smoking.
  - It's best not to eat late at night or right before bedtime.

- If you have watery diarrhoea, a fever, or persistent stomach pain, contact your doctor.
- Long-term utilisation of Esomeprazole 40 mg Capsule may result in brittle bones and a mineral shortage, such as magnesium. Take calcium and magnesium supplements or calcium and magnesium supplements as directed by your doctor.
- If you experience decreased urination, oedema, lower back discomfort, nausea, exhaustion, or a rash or fever, see your doctor immediately.

#### **Esomeprazole 40 mg Capsule Supplier**

Healthiza is one of the leading Esomeprazole 40 mg Capsule supplier and manufacturer, offering the best quality medicine globally through a validated cold chain secure shipment process. We use this process to manufacture, store and deliver medicines at a very specific temperature. Customers can avail of this premium quality pharma product at an affordable price from us.



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